

Northern Cross Country Championships
Saturday 26th January, Roundhay Park, Leeds.

This was a completely different Cross Country race than all of the others in the Manchester Area League & I also believe the North Staffs league as the course was incredibly dry and firm all of the way around 8km!!! One review written on the NOEAA website described the course as "like a bowling green " in parts. It was incredibly runnable but also challenging with quite a few inclines and a couple of steep descents during our 2 lap course.

Six Macclesfield Ladies travelled to Leeds and we managed to finish a creditable 9th team out of 28 complete teams. Sarah Harris had a great race and was first home in 30th place in a time of 29.54. I followed Sarah closely for about 7.5 km and was just unable to catch her in time to finish in 31st place in 29.57. Seonaid was the first of the Murray family home in 77th in 32.41, followed by Barbara in 159th in 36.01. Jen Jackson and Lisa Connor who have competed in almost all club races this season ran well in 257th & 284th place in matching kit and accessories. These two ladies are defiantly the glam ladies of the team!!

This was the driest outing of the season with very little dirt to wash off when you got home & dry clean shoes to put away for next time.

Anne Farmer