



Macclesfield Athletics Development Fund
Registered charity number 1041755

Macclesfield Athletics Coaching Clinics 2017

Would you like an opportunity to improve your athletics skills? If so, you are invited to attend a Macclesfield Athletics Coaching Clinic

- Skills coaching for athletes and novices
- Open to age 11 and above (including seniors)
- Places are limited - registration in advance is required
- £3.00 per session, payable with application
- At Macclesfield Athletics Track
- All abilities welcome - club and non-club members

Saturday 1st April	10.00 - 12.00	Hurdles, High Jump, Long Jump, Shot Putt
Saturday 29th April	10.00 - 12.00	Pole Vault, Discus, Hurdles, Javelin
Saturday 1st July	10.00 - 12.00	Sprints, Pole Vault, Triple Jump, Long Jump, Hammer

Please reserve your place by returning the form overleaf.

Further information by email to: MADFathletics@outlook.com
or telephone 01625573729.

Macclesfield Athletics Coaching Clinics 2017

Please return completed form at least two weeks before the event,
either via email to: MADFathletics@outlook.com

or post to: MADF, c/o Alba House, Round Meadow, Rainow, SK105UB

Name:				
Age:		Date of Birth:		
Address:				
Telephone:				
Email address:				
Level of experience (please circle): Novice; Some experience; Experienced				
Athletics Club (if applicable):				
Please circle date(s) and <u>one event</u> per date you wish to attend				
Saturday 1st April	Hurdles	High Jump	Long Jump	Shot Putt
Saturday 29th April	Hurdles	Javelin	Discus	Pole Vault
Saturday 1st July	Sprints	Pole Vault	Long / Triple Jump	Hammer