

<u>Name</u>	<u>Club</u>	<u>Cat</u>
Sarah Adams	Niteriders	W
Alyson Adams	Bramhall Runners	W50
Jenny Airey	M	W
Nicholas Airey		M
Sarmid Al-kamil	Bramhall Runners	M50
Yana Anderton		W
Richard Applewhite	Macclesfield Harriers	M40
Andy Ardron	Macclesfield Harriers	M40
Lynsey Astles		W40
Joe Atherton		M55
Mark Babington	Buxton AC	M50
Matt Bailey		M
Rob Bailey	Macclesfield Harriers	M45
Peter Bailey	Buxton AC	M55
George Bainton	Lymm Runners	M55
Oliver Barber		M
Katy Barnes	Macclesfield Harriers	W
Brian Barnes	Chorlton Runners	M55
Nick Barry	Sale Harriers	M
Mike Barry	Bramhall Runners	M45
Jo Bednall	Buxton AC	W50
Sarah Beighton	Staffordshire Moorlands AC	W40
Graeme Bell		M45
Tracey Bennett		W45
Jason Bennett		M45
Hazel Berrett	Buckley Runners	W55
Jon Berry		M45
David Betteley	South Cheshire Harriers	M45
Emma Beveridge	Macclesfield Harriers	W45
Carolyn Bews		W50
Kirsty Birch	Macclesfield Harriers	W
Alannah Birtwistle	Macclesfield Harriers	W
Tim Blackwell	Chorlton Runners	M40
Ian Blakebrough	Cheshire Hash House Harriers	M65
Barry Blyth	Macclesfield Harriers	M70
Wendy Boardman	Macclesfield Harriers	W50
Rob Bond	Staffordshire Moorlands AC	M45
David Booth		M
Michael Booth		M45
Joanne Brack	Glossopdale Harriers	W50
Jenny Brammer	Macclesfield Harriers	W60
Dougie Brammer		M50
Simon Bray	Sinfin RC	M45
John Brocklehurst		M
Louise Brown	Macclesfield Harriers	W45
Tracey Brown	South Cheshire Harriers	W50
Ben Brown	Shropshire Shufflers	M40
Richard Brown	Macclesfield Harriers	M45
Malcolm Brown	Glossopdale Harriers	M50
Lee Buckley		M
Tim Budd		M

<u>Name</u>	<u>Club</u>	<u>Cat</u>
Nick Budd	Congleton Harriers	M50
Christiane Bunte	Sandbach Striders	W50
Jason Burgess	Trentham	M40
Graeme Burns	Congleton Harriers	M45
Mary Burton	Lymm Runners	W50
Peter Burton	Lymm Runners	M50
Lois Buxton	Macclesfield Harriers	W50
Helen Cain	Chorlton Runners	W45
Russ Cairns		M45
Paul Calnan		M55
Heather Carter		W40
Kim Cassidy		W55
Darren Clarke	Glossopdale Harriers	M45
John Clarke		M60
Sarah Clayton		W45
Charlotte Clowes		W
Paul Clowes		M40
Paul Clutterbuck		M45
Ashley Coates		M45
Sam Colman		M
Sean Connelly	Macclesfield Harriers	M45
Rebecca Coote	South Cheshire Harriers	W40
Christine Copson		W50
Steven Corden		M
Ashlin Corinaldi	Razzers Runners	W45
Bob Corinaldi	Vale Royal	M45
Steve Cox	Stockport Harriers & AC	M40
James Craig		M
Paul Crean		M60
John Croall		M55
Dan Croft	Macclesfield Harriers	M50
Matthew Crompton	Glossopdale Harriers	M
Catharine Crossley	Macclesfield Harriers	W
Steve Crossman	Glossopdale Harriers	M50
Hannah Crowther	Chorlton Runners	W
Terry Crowther	Chorlton Runners	M40
Nicola Davies		W
Jane Davies	Chorlton Runners	W40
Amanda Davies		W50
Rachel Dennison	Chorlton Runners	W
Dawn Devine	Macclesfield Harriers	W50
Brian Devlin	Chorlton Runners	M
Andrew Dixon		M55
Liz Donlon	Macclesfield Harriers	W40
Conor Donoghue	Buckley Runners	M
Paul Donoghue	Buckley Runners	M45
Jane Dow	Macclesfield Harriers	W40
Kim Eastham	Macclesfield Harriers	W50
Justin Edwards	Buckley Runners	M
Simon Edwards	Buckley Runners	M45
Catherine Elliott	Chorlton Runners	W40

<u>Name</u>	<u>Club</u>	<u>Cat</u>
Andreas England		M45
Helen Evans	Macclesfield Harriers	W
Steve Evans	Biddulph RC	M45
Marie Fairclough		W50
Steve Fairclough	Bramhall Runners	M50
David Faulkner	Lymm Runners	M55
Trevor Faulkner	Wilmslow Running Club	M75
Paul Fauset	Dark Peak Fell Runners	M40
Dan Fauset		M45
Kate Foster	Macclesfield Harriers	W60
Julia Foy	Belle Vue Racers	W45
Paul Freeman		M
Stephen Freestone		M
Andrea Frost	Macclesfield Harriers	W50
Josie Galbraith	Boalloy	W45
Heather Galloway	Macclesfield Harriers	W
Amanda Garner	Buckley Runners	W
Sara Geary	Macclesfield Harriers	W60
Emma Gerrard	Pennine	W
Caryl Gibson		W50
Ross Gilmour	Mow Cop Runners	M
Jon Gilson		M45
Rebecca Glen	Goyt Valley Striders	W40
Mark Godden	Macclesfield Harriers	M60
Margaret Gold	Macclesfield Harriers	W50
Neil Goodman		M60
James Goodsall		M40
Karlos Gordobil		M45
Dave Gough		M50
Robert Goulsbra		M
Tim Grainger		M
Richard Gratton		M50
Lynne Graves	Macclesfield Harriers	W45
Paul Green		M50
Margaret Greenway		W
Clare Griffin	Macclesfield Harriers	W40
Richard Griffin	Manchester & District Orienteering	M45
William Griffiths	Pennine	M
Janet Grint	Easy Cheshire	W40
Neil Gunn	Macclesfield Harriers	M55
Jackie Hall	Hyde Village Striders	W50
Adrian Hall		M
Philip Hall	Hyde Village Striders	M45
Helen Hamer		W
Vicki Hamilton		W45
Mat Hanson		M
Claire Harbottle		W
Petra Hardie	Lymm runners	W40
Tim Hargreaves	Buckley Runners	M45
Sue Harris		W40
Jonathan Hart	Chorlton Runners	M

<u>Name</u>	<u>Club</u>	<u>Cat</u>
Theresa Hayton	Macclesfield Harriers	W55
David Hayton	Macclesfield Harriers	M55
Sarah Heath		W
Nicholas Heaton	Bramhall Runners	M45
Sara Henry		W40
Dominic Heslop		M
Clive Hevey		M50
Gail Hill	Wilmslow Running Club	W40
Debbie Hill	Congleton Harriers	W55
Darren Hill	Niteriders	M
Mike Hill		M50
Annie Hirsh		W60
David Hirst		M60
Stephen Hodgkinson		M40
Kathryn Holmes	Bramhall Runners	W50
Claire Hoolohan		W
Sally Hopkin	Macclesfield Harriers	W
David Horsfield		M50
Bruce Humphrey	Altrincham	M40
Rob Huntbach		M50
Mick Hutchins		M40
Kathryn Hutchinson	Macclesfield Harriers	W
Lisa Hynes		W
Sandre Jackson	Congleton Harriers	W55
Malcolm Jackson	Congleton Harriers	M50
Mary Jeal	Glossopdale Harriers	W55
Lauren Jenner		W
Kate Jenner	Macclesfield Harriers	W
Patrick Jenner		M
Kirsty Jennings	Razzers Runners	W40
Daniel Jones		M40
Nick Jones	Buxton AC	M40
Dave Jones	Newcastle (Staffs) AC	M50
Paul Kain		M45
Polly Kennerley	Congleton Harriers	W45
Naomi Kershaw	Macclesfield Harriers	W
Christopher Kershaw	Bramhall Runners	M
Sofie Kinsey	Macclesfield Harriers	W40
Sophie Isabel Kirk	Macclesfield Harriers	W
Chrissie Knight	Lymm Runners	W60
Mikko Kuronen	Congleton Harriers	M55
Luke Langford		M
Christopher Larkin	Halton & Frodsham Harriers	M
Matthew Larkin	Halton & Frodsham Harriers	M40
Fiona Leslie	Chorlton Runners	W50
Peter Lloyd		M45
Connor Lomax	Goyt Valley Striders	M40
Paul Lubelski		M
Julie Lucas	Wilmslow Running Club	W50
Brian Macfadyen	Macclesfield Harriers	M60
Brian Mackey	Uttoxeter Road Runners	M70

<u>Name</u>	<u>Club</u>	<u>Cat</u>
Rob Mahoney		M
Andrew Mainwaring	Stockport Harriers & AC	M40
James Malone	Belle Vue Racers	M40
Kerry Marchant	Staffordshire Moorlands AC	W40
Angela Markley	Macclesfield Harriers	W
Deborah Maskell	Belle Vue Racers	W45
Emma Mason	Macclesfield Harriers	W
Den Masset	Macclesfield Harriers	W50
Andrew Maxfield		M45
Bernard Mccarron	Wilmslow Running Club	M50
Danny Mccarron	Chorlton Runners	M55
Angela Mccarthy		W55
Colin Mchugo		M50
Catherine Mckenna	Belle Vue Racers	W45
Paul Mckenna		M40
Maria Mcmaster		W
Peter Mcmaster		M
Anthony Mcnicol		M
Ali Mcninch	Congleton Harriers	W45
Elliot Meylan		M
Roland Meylan		M45
Steven Millar	Macclesfield Harriers	M40
Kate Mills		W40
Dipika Morgan	Macclesfield Harriers	W
Geraint Morris		M40
David Morris	Cheshire Hash House Harriers	M50
John Morris	Buckley Runners	M70
Jo Moss	Congleton Harriers	W45
Chris Moss		M45
Keith Mulholland	Macclesfield Harriers	M50
Ross Murdoch	Chorlton Runners	M
Vikki Murphy		W45
Terry Neild	Macclesfield Harriers	M
Tom Neill		M50
Harry Newton	Macclesfield Harriers	M75
Peter Nield	Macclesfield Harriers	M40
James Nieman		M
Alice Nimmo	Congleton Harriers	W
Peter Nimmo		M
David Nimmo	South Cheshire Harriers	M
Nicky Nolan	Macclesfield Harriers	W45
Patrick O'brien		M60
Gavin O'connor		M40
Kathleen O'donnell	Macclesfield Harriers	W40
Geoff Osbaldstein	Mow Cop Runners	M40
Richard Paddock	Shropshire Shufflers	M55
Tony Park		M55
Rob Parkin	Congleton Harriers	M45
Wendy Pattison	Macclesfield Harriers	W50
Vicky Penn	Smiley Paces	W
Steve Pepper	Glossopdale Harriers	M

<u>Name</u>	<u>Club</u>	<u>Cat</u>
Tony Perry		M40
Neil Pettie	Macclesfield Harriers	M40
Christopher Pimblott	Macclesfield Harriers	M60
Francis Nigel Poole	Congleton Harriers	M55
Andy Porter	Bramhall Runners	M45
Stephen Pullen		M60
Lindsay Purdie	Macclesfield Harriers	W45
Bob Rayner	Couch Potato	M40
John Richards		M
Peter Richardson	Cheadle Running Club	M
Judith Ritchie	Macclesfield Harriers	W50
Fiona Roberts	Chorlton Runners	W40
Mike Roberts		M
Peter Roberts	Buckley Runners	M70
Suzanne Roebuck	Congleton Harriers	W45
Audrey Roff	Macclesfield Harriers	W50
Martin Rous	Congleton Harriers	M50
Andrew Rowe		M55
Karen Rutherford	Razzers Runners	W45
Debbie Rutherford	Pensby	W55
Tom Rutherford		M50
Ben Sadler		M40
Martin Sands	Congleton Harriers	M45
Drew Savage	Chorlton Runners	M40
Caroline Scott		W45
Thomas Sellers	Lymm Runners	M40
Caz Sharpley		W40
Steve Shaughnessy	Stockport Harriers & AC	M60
Colin Shore		M40
Jon Shuttlewood		M
Andy Shuttlewood		M45
Spence Sivewright	Macclesfield Harriers	M50
Jacob Smiles	Chorlton Runners	M
Helen Smith	Team Derby Runner	W
Wendy Smith	South Cheshire Harriers	W45
Rebecca Smith	Glossopdale Harriers	W45
Michael Smith	Macclesfield Harriers	M45
Derek Smith		M45
Robert Soames	Congleton Harriers	M40
Sheona Southern	Macclesfield Harriers	W50
Mark Stanbridge	Macclesfield Harriers	M45
Paul Steel	Congleton Harriers	M50
Emma Stephenson		W
Lucy Stephenson		W
Paul Stevenson	Long Eaton Running Club	M55
Mark Stirling		M45
Tom Stoddart		M
Ingrid Storm	Chorlton Runners	W
Laura Stubbs	Congleton Harriers	W
James Stubbs	Pennine	M
Harry Stubbs	Congleton Harriers	M65

<u>Name</u>	<u>Club</u>	<u>Cat</u>
Ray Sweeney		M75
Edward Swinden	Chorlton Runners	M45
Adele Tabbiber		W40
Andrew Tan		M
Anna Tappenden		W40
Rebecca Tate		W40
Leanne Tattum		W40
Anthony Tattum	Kings Heath	M45
Lynne Taylor	Glossopdale Harriers	W40
Andrew Taylor		M40
Paul Taylor	Saddleworth Runners	M50
David S. Taylor	Congleton Harriers	M65
Tim Thackstone		M55
Chris Thomas		M60
Steve Toogood	Buckley Runners	M50
Hannah Turner	Chorlton Runners	W
Matthew Tute		M
Nick Tynan		M
Dawn Urquhart	Buckley Runners	W45
Peter Vince	Macclesfield Harriers	M45
Catherine Voyce	Macclesfield Harriers	W40
Vic Walsh		M
Rachel Walton	Glossopdale Harriers	W40
Lucy Ward		W
Matthew Ward		M
Martin Ward	Buxton AC	M40
Fred Wardle	Macclesfield Harriers	M60
Derrick Watson	Belle Vue Racers	M45
Stewart Waudby	Macclesfield Harriers	M40
Stephen Webb		M40
Jennifer Webber	Mow Cop Runners	W
Chris Weeks		M
Mark Wheelton	Macclesfield Harriers	M55
Siobhan White	Macclesfield Harriers	W40
Polly Wilding	Congleton Harriers	W40
Lee Wilkinson		M
Karl Williams	Buckley Runners	M45
Paul Williams		M50
Stephanie Wood	Macclesfield Harriers	W45
Francis Wooff	Chorlton Runners	M50
Paul Woolley		M45
Bev Wynne		W40
Emma Yardley		W50
Matt Yardley		M45