Wincle Trout Run & VILLAGE FETE 2013

TROUT SUPPLIED BY BY DANEBRIDGE FISHERIES

REGISTERED FRA RACE

Saturday 1 June 2013 - Starts 2.40 pm (Seniors 2.45 pm)

Tolls Farm, Wincle, near Macclesfield SK11 oQE (Grid ref. SJ964652) A demanding 9km fell run, crossing woodlands, river* and high moorland (950ft of climb) in the picturesque Dane Valley, with a 3km Junior Race.

JUNIOR RACE

Official FRA race for 10-15 year olds (age now on race day). Approx. 3km, including river crossing*. Winners' trophies (first boy and girl) and medal for every runner. Mini races for under 10s (info on the day).

SENIOR RACE

Minimum age 16 (on race day). A fresh trout for every senior finisher – run for your supper! Small prize and perpetual trophy for all category winners, first local and first team. Race limit 350 – pre-entry is strongly recommended as the race has been full for the last six years. **PLEASE FILL IN SENIOR ENTRY FORM**.

HOW TO ENTER

Pre-entry: Complete and sign the form below and send it with a cheque payable to 'Wincle Church' to: Alan Weeks, Danebank House, Wincle, Macclesfield, Cheshire, SK11 oQE. Parents/legal guardians should either sign the form on behalf of junior entrants or send a copy of the FRA Parental Consent Form (see the FRA website for details). Please include an email address in order to receive your confirmation of entry (only include an SAE if you have no email). **Entry on the day** 12.30-2.30pm, subject to race limit not being exceeded. (See **www.wincle.org.uk** for latest information.)

RACE ENTRY FEES

Juniors: Pre-entry £3; entry on the day £4.00. Over 11s pay £1 to enter the fête if not pre-entered.

Seniors: Pre-entry £8 (includes entrance to village fête); entry on the day £10 (£9 for the race, and £1 to get into the fête). No additional charge for teams.

IMPORTANT: Do turn up well before the start of the race, allowing plenty of time for possible congestion on the roads into Wincle.

VILLAGE FETE

The village fête opens at 2pm, with stalls, refreshments and entertainment for all the family – so why not bring them along, too.

Entry fee: £1.00 for non-runners, children under 12 free.

For more information call **01260 227683** or email **wincletroutrun@yahoo.co.uk**

Bryan Dale will be taking pictures again this year. View them at **www.racephotos.org.uk** (you can see last year's photos there until until June).

* Conditions permitting

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ENTRY FORM: WINCLE TROUT RUN SATURDAY 1 JUNE 2013

Your details	Race details
Full Name	Race entered:
Address	Junior race (age 10-15 on race day)
Postcode	A new FRA rule - from this year - means the age on race day is now the qualifying age.
Email This will be used ONLY for sending you information about the Wincle Trout Run.	
Phone This will ONLY be used in emergencies or for urgent messages.	How did you hear about the race?
Boy Girl DOB Age on race day	Done it before FRA Club Email
Vehicle Registration	Word of mouth
Accompanying ADULT	Running mag Internet Newspaper
Emergency Contact PHONE No.	Name of website, magazine or other source:
Club (Fill in UNATTACHED if no club)	
Category (circle one)	Race number: (for organisers to fill in)
U12B U14B U16B U12G U14G U16G	

I understand that this race is held in accordance, and that I have familiarised myself, with both the Rules and Safety Requirements of the FRA. I confirm that I am aware of the Organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running this race at my own risk. Other than the Organiser's liability for causing death or personal

injury by negligence, I confirm that I understand that the Organiser accepts no liability to me for any loss or damage of any nature to me or my property arising out of my participation in this race.

Parental Consent Form

Parental consent confirmed by (please tick as appropriate):

Race Entry Form

(Parent/Legal Guardian)

Phone No.

The Fell Runners Association Limited, registered in England and Wales under number 7878976. Registered office: 6 Westville Avenue, Ilkley, West Yorkshire LS29 9AH