

WINCLE TROUT RUN & VILLAGE FETE 2009

SPONSORED BY DANEBRIDGE FISHERIES



Registered FRA Race Saturday 30 May 2009 Starts 2.45 pm

Mellor Knowl Farm, Wincle, near Macclesfield SK11 0QE (Grid ref.SJ961655) A demanding 9km fell run, crossing woodlands, river* and high moorland (950ft of climb) in the picturesque Dane Valley, with a 3km Junior Race

SENIOR RACE

Minimum age 16 (as of 1 January). A fresh Dane Valley trout for every senior finisher – run for your supper! Small prize and perpetual trophy for all category winners, first local and first team. Race limit 300 – pre-entry is strongly recommended as this was exceeded the last three years.

JUNIOR RACE

Official FRA race for 10-15 year olds (age as of 1 January). Approx 3km with river crossing*. Winners' trophies (first boy and girl) and medal for every runner. Race limit 60. Mini races for under 10s (info on the day).

TEAM TROPHY

Enter your club – or alternative team – for the team trophy. First 4 finishers to count. No extra charge to enter a team.

RACE ENTRY FEES

Seniors: Pre-entry £6 (includes entrance to village fête); entry on the day £8 (£7 for the race, and £1 to get into the fête). No additional charge for teams. **Juniors:** Pre-entry £2.50; entry on the day £3. Over 11s pay £1 to enter the fete if not pre-entered.

HOW TO ENTER

Pre-entry: Complete and sign the form below and send it with a cheque made payable to 'Wincle Church' to: Alan Weeks, Danebank House, Wincle, Macclesfield, Cheshire, SK11 OQE. Please include **either** an email address **or** SAE in order to receive your confirmation of entry. **Entry on the day** 12.30-2.30pm, subject to race limit not being exceeded. **IMPORTANT: Do turn up well before the start of the race, allowing plenty of time for possible congestion on the roads into Wincle.**

Race photos by Bryan Dale, view them at http://racephotos.topcities.com

For more information call 01260 227683 or email alan@hanging-stone.freeserve.co.uk

Village Fête

The village fête opens at 2 pm, with stalls, refreshments and entertainment for all the family. Bring them along too! Entry fee: £1.00 for non-runners, children under 12 free *Conditions permitting

Entry fee: £1.00 for non-runners, children under 12 free ENTRY FORM: WINCLE TROUT RUN SATURDAY 30 MAY 2009

Your details	Race details
Full name:	Race entered:
Address	Senior Race (minimum age 16 on 1 January)
Postcode:	Junior Race (age 10-15yrs on 1 January)
Email: This will be used ONLY for sending you information about the Wincle Trout Run and Gun Run. Phone: This will be used ONLY in emergencies or for urgent messages.	Local trophy You qualify if you live in a LOCAL parish. (i.e. Wincle, Bosley, Heaton, Meerbrook, Rushton, Sutton, Swythamley, Wildboarclough) Yes, I live in a local parish
Male Female DOB Age on race day	Club, or other team name (Fill in UNATTACHED if no club/team entry)
Vehicle registration Emergency contact	Category (circle one)
Emergency contact phone no.	M MV40 MV50 MV60 MJ
How did you hear about the race?	
Done it before FRA Internet Club Newspaper	F FV ₄₀ FV ₅₀ FJ
Word of mouth Running mag Email	Race number: (for organisers to fill in)
Other: (Please specify) Tick if www.wincle.org, or specify other magazine or website if applicable	
www.wincle.org Other: (Please specify)	

I understand that this race is held in accordance with both the rules and safety requirements of the FRA. I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running this race at my own risk. Other than the organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or my property arising out of my participation in this race.

Signed